



# Brent Knoll

## C of E Primary School

Let Your Light Shine

2<sup>nd</sup> June 2025

Dear Parents and Carers,

### **Jigsaw Curriculum: Changing Me**

Next half term (from week 2), each class will be working on a topic called '**Changing Me**'. For our youngest children, this will mean naming body parts and understanding how we all grow from babies into adults. As the children move into years one and two, they will explore how their body has changed since they were a baby and the physical differences between boys and girls (this will involve the use of correct names for all parts of the body). Children in years three and four will start to learn about the internal and external parts of the body required for making a baby and how a girl's body changes to enable her to have babies when she is an adult. In years five and six, the children will learn in more detail about how girls' and boys' bodies change throughout puberty and the importance of looking after themselves, both physically and emotionally. They will learn how a baby develops from conception, through the nine months of pregnancy and how it is born.

As part of the 'Changing Me' unit of work, which incorporates both PHSE and Science, each year group will also have the opportunity to celebrate what they have enjoyed in their current school year and to discuss what they are looking forward to, as well as any worries they may have for moving on to their new class, or even school.

You may find that over the next few weeks, your child has questions to ask at home, based on what they have been learning in school. Please do not hesitate to contact your class teacher, should you need any help or advice. By working in partnership with you, we would like to ensure that our whole school approach enables our children to grow into healthy and happy young people, who understand themselves and each other and respect who they are.

With many thanks for your time and support.

Kind regards

Chris Burman